



# *2013-2014 Annual Report*

## *Youth Matter in Colonial Heights*

# *OFFICE ON YOUTH & HUMAN SERVICES*

***OFFICE ON YOUTH  
&  
HUMAN SERVICES***  
201 James Avenue  
PO Box 3401  
Colonial Heights VA  
804-520-9286





## ***Office on Youth & Human Services***

August 1, 2014

Honorable C. Scott Davis  
Honorable Members of City Council  
City of Colonial Heights  
P O Box 3401  
Colonial Heights VA 23834

Dear Mayor Davis & Members of Council:

The 2013-2014 Annual Report for the Office on Youth & Human Services recaps the continued support and differences the office makes in the lives of youth and families in Colonial Heights. I proudly present this year's report to members of City Council.

The Office on Youth, Youth Services Commission, and the Youth Advisory Council appreciate your continued support of our programming. We value your commitment and advocacy for youth and families in our community.

Sincerely,

*Rennie Glazer*

Youth Services Commission Chair

# OFFICE ON YOUTH

## MISSION STATEMENT

The Office on Youth and Human Services serves Colonial Heights' citizens by working to develop and improve community assets which assist families in raising healthy children.

The Office on Youth and Human Services partners, collaborates, and supports the work of City groups and organizations.

## COMMUNITY PARTNERSHIPS

The Office on Youth serves as a community partner with other organizations to meet youth and family needs. In this role, the Office on Youth is active in several local and regional efforts.

- ⇒ Comprehensive Services Act Program (FAPT & CPMT)
- ⇒ Colonial Heights Public Schools
- ⇒ Virginia Alcoholic Beverage Control Board
- ⇒ Adult & Juvenile Drug Court
- ⇒ Community Criminal Justice Board
- ⇒ Department of Conservation & Recreation
- ⇒ Twelfth District Court Service Unit
- ⇒ Families First Program
- ⇒ Colonial Heights Fire Department
- ⇒ Juvenile & Domestic Violence Task Force
- ⇒ Partnership for Youth
- ⇒ S.A.F.E. - Substance Abuse Free Environment
- ⇒ Community Coalitions of Virginia
- ⇒ Positive Parenting Coalition
- ⇒ Virginia Juvenile Community Crime Control Act
- ⇒ Interagency Prevention Team
- ⇒ Colonial Heights CADRE Coalition
- ⇒ Infant Mortality Community Action Team
- ⇒ CAAN-DUU Coalition
- ⇒ Smart Beginnings Coalition

## STAFF

**Eileen Brown**  
MSW, LCSW  
Director

**Becca Lynch**  
Youth Program  
Coordinator

**Abby Lynch**  
Youth Specialist

**Sunni Guillot**  
Youth Specialist

**Tricia Quenan**  
Youth Specialist





***Helping change  
our world,  
one step  
at a time!***

## YOUTH SERVICES COMMISSION

Stephen Ball - Chair

Rennie Glazer - Vice Chair

Margie Strum - Secretary

David Whiting

Doug Harris

Craig Skalak

Sgt. Robert Ruxer

Dr. Kimberly Ball

Ryan Blair Martin - YAC Rep.

Chris Underwood

Sandra Coleman - School Board

Greg Kochuba - City Council

Anna-Claire Bousquet - YAC President

Jacob Ezell - Youth Rep.

Asal Najmi - Youth Rep.

## YOUTH ADVISORY COUNCIL

Anna-Claire Bousquet - President

Alexandra H'sain - 1st VP

Kaitlyn Underwood - 2nd VP

Tiffany Kong - Secretary

Hank Rosser - Historian

Ava Adenauer

Riley Adenauer

Makenzie Ball

Chris Bartlett

Luis Beltran

Tamara Bowen

Sarah Bracewell

Sam Clarke

Adrienne Dew

Aaron Ezell

Jacob Ezell

Kendel Fox

Savanna Fox

Linwood Fraher

Darlene Garner

Angelique Gingerich

Andrew Gunder

Jacob Gurholt

Preston Hicks-Holmes

Erin Hood

Sydney Jackson

Donna Jarratt

Braden Johnson

Christian Knight

Brian Madl

Cameron Mingea

Megan Moran

Asal Najmi

Claudia Osei-Asante

Austin Ouelette

Katie Peterson

Sydney Peterson

Angelica Primmer

Manuel Rameriz

Bailey Rivero

Ashleigh Rush

Anna Scott

Nojan Sheybani

Tess Shortell

Barrett Smith

Nicholas Thomason

Joey Upadhyay

McKenzie Vrooman

Stephen Zaruba

Abby Lynch - Advisor

## SUMMARY OF SERVICES

**Information & Referral** - The Office on Youth & Human Services provides information on youth related issues and services. Information is available in our Resource Directory on the City's web page.

**Planning & Program Development** - The Office on Youth & Human Services works with community organizations, groups, and agencies to develop resources and services for youth and families.

**Public Information** - Staff are available to speak to community groups and civic organizations on a variety of topics related to youth and family functioning.

## PROFESSIONAL DEVELOPMENT

Staff accrued over 400 hours of continuing education and professional development on a variety of topics including early childhood education, trauma-informed care, leadership development, parenting strategies, obesity prevention, mental health first aid, adolescent development, after school programming, bullying prevention, agriculture in the classroom, suicide intervention and prevention, adolescent substance abuse, grant writing, juvenile fire setter training, community emergency management and response, strategic planning, teen and family relationships, reframing prevention, and understanding adolescent girls.

## HIGHLIGHTS FROM 2013-2014

### YOUTH ADVISORY COUNCIL

- ⇒ YAC members completed over 425 hours of service in our community
- ⇒ Hosted the Reality Check simulation with Virginia Cooperative Extension
- ⇒ Awarded "Coleman Voice of Youth" scholarships to Anna-Claire Bousquet, Alexandra H'sain, and Kaitlyn Underwood
- ⇒ Provided Christmas gifts and food for two families through the CARE Shelter
- ⇒ Supported pediatric cancer research with a virtual and physical Lemon-Aid Stand
- ⇒ "Volunteered to Cheer" for Special Olympics State Games
- ⇒ Adopted James Avenue and Roslyn Road for street clean up
- ⇒ Partnered with the CADRE Coalition on Project Sticker Shock
- ⇒ Fed Tri-Cities Work Camp crew
- ⇒ Attended GPS for Success Leadership Summit
- ⇒ Made no-sew fleece blankets for the CARE Shelter with Swift Creek Woman's Club
- ⇒ Volunteered for Back-to-School Festival
- ⇒ Planted Pinwheels in April for "Child Abuse Prevention Month"
- ⇒ Sang Christmas Carols and assisted with Valentine's Day party for Dunlop House residents
- ⇒ Sent Valentine & Christmas Cards to McGuire Hospital veterans
- ⇒ Assisted CHMS, James River Association, Game and Inland Fisheries with Habitat Assembly
- ⇒ Provided YAC memorabilia for Time Capsule for dedication of courthouse
- ⇒ Wished "Happy Graduation" to Kaitlyn, Asal, Alexandra, Anna-Claire, Luis, Jacob, Manny, Angelique, Sydney, Chris, Megan, Anna, Darlene, and Cameron



Leadership

Volunteerism

Activities

Education

Community Outreach

## YOUTH SERVICES COMMISSION

- ⇒ Supported and assisted Youth Advisory Council with “Reality Check” Simulation
- ⇒ Supported activities at Pete’s Place (Teen Center)
- ⇒ Advocated for youth and families in Colonial Heights

## JUVENILE & DOMESTIC VIOLENCE TASK FORCE

- ⇒ Shared domestic violence awareness materials at Celebrate Safe Communities Night
- ⇒ Planted 500 pinwheels at the public library, health department, police department, Legacy Garden, school board office, courthouse, and all five schools to celebrate children in April during Child Abuse Prevention Month with help from task force members, YAC members, and local woman’s club members
- ⇒ Sponsored “Refuse to Be a Victim” Workshop partnering with Highland United Methodist Church

## YOUTH ADVISORY COUNCIL SHOE FUND

- ⇒ Received referrals for thirty three shoe vouchers for the purchase a new pair of shoes during the school year
- ⇒ Received donations to support fund from local civic organizations

## TEEN PREGNANCY PREVENTION INITIATIVE

- ⇒ City Council continued to support teen pregnancy prevention initiatives

## COMPREHENSIVE SERVICES ACT

- ⇒ Served 17 youth and their families with a variety of services including community-based services, therapeutic foster care, respite services, day school programs, and residential treatment
- ⇒ DJJ = 11% of cases; Education = 71% of cases; and DSS = 18% of cases
- ⇒ CSA expenditures for FY2014 were \$380,019

## INTERAGENCY PREVENTION TEAM

- ⇒ Multi-disciplinary team served 21 students and their families
- ⇒ Referred by teachers, guidance counselors, attendance officer, team members, or parents
- ⇒ Made recommendations for at-risk youth to enhance chances for success at home and in the community





*“Youth programs encourage accountability, improves self-esteem, fosters citizenship, and responsibility, and instills a sense of community pride.”*

## VIRGINIA JUVENILE COMMUNITY CRIME CONTROL ACT

Community-based programs funded by the state and local government to divert youth from the courts, and to provide sanctions, education, and services to prevent repeat offending.

## SHOPLIFTING DIVERSION PROGRAM

- ⇒ An educational program to inform youth and a parent of the consequences of shoplifting
- ⇒ Program served 227 youth and their families

## SERVICE LEARNING PROGRAM

- ⇒ Served 39 youth to complete community service hours
- ⇒ Completed 667 hours of community service

## ANGER MANAGEMENT PROGRAM

- ⇒ Offered 21 juveniles structured discussion group activities
- ⇒ Program covered resistance and coping skills, communication, assertiveness skills, and focused on personal responsibility and challenges

## CASE MANAGEMENT PROGRAM

- ⇒ Served 5 teens and families with case management services and support
- ⇒ Program provided youth/family assessments, tutoring/mentoring, parenting education, and community based referrals to coordinated services in the community, schools, courts, etc.

## SUBSTANCE ABUSE PROGRAM

- ⇒ Provided 15 teens and parents information on consequences, pro-social skills, assertiveness and refusal skills, and decision making skills

## COMMUNITY PROGRAMMING

- ⇒ The Department of Social Services provided funds to local departments for the Child Care Quality Initiative to develop, enhance, and strengthen initiatives to increase the quality, availability, and affordability of care delivered to children. Chesterfield/Colonial Heights DSS received a \$4000 grant for training for area child care providers. In April, 2014, Office on Youth hosted a four hour training on "Teaching Strategies for Social and Emotional Learning" workshop for 106 child care providers from the Tri-Cities area. Participants learned to identify and promote strategies to build positive relationships with children.
- ⇒ Presented Shoplifting Diversion Program to 193 CHMS students in 6th grade
- ⇒ Shared "Open Arms? Open Eyes!" about healthy relationships with 194 CHMS students in 8th grade
- ⇒ Provided Safe Driving Materials to 171 teens receiving driver's licenses in Juvenile Court
- ⇒ Presented Career Day information to 38 CHMS students
- ⇒ Presented Alcohol Awareness Program to 185 CHMS students in 8th grade
- ⇒ Shared resources and services to 20 parents and teens at 6th Grade "Dream Team" meeting

## KID'S AFTER-SCHOOL PROGRAM

- ⇒ Referral program for youth in Fourth, Fifth and Sixth Grades
- ⇒ Based on need for academic support, enhancement of social skills, promotion of positive behavior, increase in physical activity
- ⇒ Served 77 youth from Tussing, North, and Lakeview Elementary Schools, and Colonial Heights Middle School
- ⇒ Provided 2492 hours of mentoring and tutoring by 115 volunteers from John Tyler Community College, Richard Bland College, Virginia State University, Virginia Commonwealth University, Colonial Heights High School, and Matoaca High School
- ⇒ Participated in community projects for Colonial Heights Food Pantry, Salvation Army, and Susan G. Komen
- ⇒ Enjoyed activities such as skating, martial arts, bowling and laser tag
- ⇒ Enjoyed trips to Swader's, Skateland, Holiday Bowl, Randolph Farm, Washington DC Zoo, Side Street Gallery, Jumpology, and American Family Fitness
- ⇒ Special Programs included: Too Good for Drugs, Healthy Eating, and T.A.L.K.

## YOUTH SERVICE CORPS PROGRAM

- ⇒ Partnered with Virginia Department of Conservation and Recreation and the Community Adolescent Reporting Program on Youth Service Corps Program
- ⇒ 13 teens and 3 supervisors completed the three week program at Pocahontas State Park, and all earned a stipend at the end of the program

## CADRE COALITION

- ⇒ Supported Colonial Heights High School CADRE participation in Project Sticker Shock
- ⇒ Held monthly meetings of adult coalition
- ⇒ Encouraged YADAPP (Youth Alcohol and Drug Abuse Prevention Project) Team to complete STAN Plan which was created at the summer conference
- ⇒ Supported Colonial Heights Police Department's DEA Drug Take Back Event





# PHOTO GALLERY

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**Pinwheel Gardens**  
for  
Child Abuse Prevention Month



**Tri-Cities Work Camp**  
YAC provided lunches



**Pocahontas State Park**  
Youth Service Corps



**Project Sticker Shock**  
CHHS CADRE



**Reality Check**  
YAC Annual Event



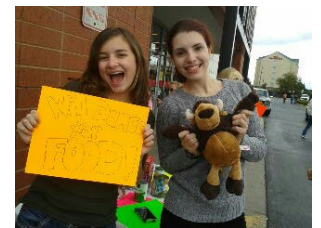
**Kid's  
After-School  
Program**



**Fleece  
Blankets**  
for the  
CARE Shelter



**Christmas Carols**  
for Dunlop House



**Habitat Garden**  
at CHMS



**Adopt-A-Street**  
James Avenue



**Lemon-Aid Stand**  
Fundraiser for pediatric  
cancer research



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